

The Pedal Pius

AUGUST 2008

Vol XXII, Issue 8

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ROUND THE CORNER

Aug 5 - General Meeting at NWCC - 7:30 pm
Aug 9 - Road One Safety Class
Aug 13 - Crit Picnic at Memorial Park
Aug 17 - President's Ride - Start @ NW Cyclery 8:08 AM
Aug 23 - Hotter n Hell Hundred - Wichita Falls

Ride Starters: All Saturday rides at Zube Park at 7:30AM
Aug 2 - Robert Hardy
Aug 9 - Brach Waldo
Aug 16 - David King
Aug 23 - Zeke Zbornak
Aug 30 - Robert Hardy

This Year's Events

- **August 13th, Wednesday, 6PM:** FAJITA Dinner @ Memorial Park Wednesday nights crits. Come out and support the racers and enjoy a fun evening with club members. Bring chairs.
 - **September 20-21st : Fort Davis CycleFest**
Huntsville Ride and Campout: October 4th. Email Melanie Lacy at mlacy24@sbcglobal.net to sign up.
 - **December 5, 6 & 7: Leaky Volunteer Appreciation weekend;** Email Melanie Lacy at mlacy24@sbcglobal.net to sign up.
 - **December 12, Friday: NWCC CHRISTMAS PARTY** 6-10 at St. Arnold's Brewery



@ e-Pedal Pusher

Consider the environment. Join our emailed newsletter. We are emailing the monthly newsletter to those members indicating this choice.

A paper copy of the newsletter is still available to all club members, even those signing up for emailed copies. So you will have three choices: Email Only, Email & Copy, or Copy only.

PEDAL PUSHER DEADLINES

Monday following the club meeting

the newsletter? Please submit it by the Monday following

the NWCC club meeting, or the 15th of the month, which-

RPW

Submissions should be sent to a9albac@yahoo.com

CLUB OFFICERS

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NWCC website: www.northwestcyclingclub.com

"Website and email hosting donated by Lamar Curtis at the Information Advisory Group" (See www.infoadvisory.com)

NWCC Affiliations:

United States Cycling Federation (USCF)
 National Off Road Bicycle Association (NORBA)
 League of American Bicyclists (LAB)
 International Mountain Bike Association (IMBA)
 Texas Mountain Bike Racing Assoc. (TMBRA)
 Clif Bar

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(cont. from page 1)

Jim Crocco. Jim was the result of another one of those questions that were asked in just such a way
WkdWdSSDfWOKFRGWEUCkLPfIWRDf-LPDRfIWKfWREFRPfDfWRIWKf)&
Steering Committee by taking on the role of SAG Coordinator. Thanks Jim for leaping on board in the
beginning stages and organizing our SAG drivers.

OLNfWfKfKfNfWfWfDfWfBfWfDfNfLfWfRfPfDfERfWfJfDfLfWfKfHf)&KfWfRfOgPfWfKfDfWfOlfNfBfV
fPDRfRfUfDfLfWfKfBfDfNfLfDfGfJfWfWfLfDfOORfIWKfBfUfYfOfSfDfWfLfFfLfSfDfOfPfRfSfDORfLofBfU
GfXfDfKfLROLNfPfWfKfDfWfRfRfKfRfEhQfPDRfWfRGRfWfKfDfWfJfDfLofKfLofU

Wes Morrow. I dedicated a whole paragraph in last month's article to Wes and the fantastic job of vol-
unteering he has done for this club. I don't want him to get too big of a head so I'll just stop here and
WfWfDfDfDfJfDfLQ

Every one of the people mentioned above had other things that they could have been doing instead
of dedicating large blocks of time and energy into organizing the Katy Flatland. Several have jobs that
don't know the concept of a 40-hour workweek – or even a 50-hour workweek for that matter. But still,
they all took the time to do their very best to ensure that Northwest Cycling Club hosted the very best
Katy Flatland Century possible. As mentioned above, we're still a week away from the ride at this point,
but I'm sure these combined efforts will not have been in vain. Although this group here is worthy of
all the advance thanks we can give them, there are still many other volunteers that will be working to
make our ride the success that it has been known for over the last 20 years. Next month's Memories
of the Katy Flatland will contain a list of all those people that volunteered towards that success.

I would type more to this President's Message, but I still have a few deputies to get lined up for KFC
WfDfIffFRfWfBfO6RfIRfBfWfPfRfRfNfLfRfBfHfRfDfLfWfWfKfDfWfWfKfRfWfOofWfBfIlfK

RfDRfWf6RfIRfBfLgBfIofKfDfMfGfDfBfBfIRP&DfWfKfHfBfSDDfWfWfKfHf\
meeting, stay hydrated. (AND save some cookies for me!)

Freewheelin' Dave - Prez

FALL 2008 TMBRA SERIES

Camp Eagle

August 31, 2008
Rocksprings, TX

Huntsville Classic

September 21, 2008
Huntsville, TX

Palo Duro

September 28, 2008
Palo Duro State Park, TX

BTU Power Pedal

October 12, 2008
Bryan, TX

Piney Hills Classic

October 26 2008
Ruston, LA

Rocky Hills

November 9, 2008
Smithville, TX

AUGUST 2008

	Mon	Tue	Wed	Thu	Fri 1	Sat 2 Club Ride 7:30 AM Location Zube RS: Robert Hardy
3	4	5 General Meeting NW Cyclery 7:30 PM	6	7	8	9 Club Ride 7:30 AM Location Zube RS: Brach Waldo
10	11	12	13 Crit Picnic at Memorial Park	14	15	16 CLUB RIDE 7:30 AM Location Zube RS: David King
17 President's Ride 8AM NW Cyclery	18	19	20	21	22	23 CLUB RIDE 7:30 AM Location Zube RS: Zeke Zbornak Hotter n Hell WF
24	25	26 Board Meeting - 7:30 at Natalita's	27	28	29	30 CLUB RIDE 7:30 AM Location Zube RS: Robert Hardy
						Sun 31

- CALENDAR KEY -

Saturday Club Ride. Road bike ride.

Meeting location is Zube Park, Roberts Road & 290 or Hockley Community Center, 28515 Old Washington Road (between Kermier and Kickapoo).

Updates will be announced on the club web page:

www.northwestcyclingclub.com.

Mountain Bike Rides. Once or twice a month "Fat Tire Sunday".

Mountain Bike Rides: Tuesday and Thursday evening rides at 5:30 at Cypresswood. We meet at Collins Park near the skatepark just behind the courthouse on Cypresswood Dr. Contact Melanie Lacy at mlacy24@sbcglobal.net or join Cypresswoodtrailgroup@yahoo.com to get more information.

During the Summer there is usually a group riding the Memorial Park trails on Wednesday nights.

Please contact Melanie Lacy for more information about mountain biking in the area.

Sunday Race Team Rides. Ride starts vary.

Magnolia meets at Magnolia Junior High on FM1774, 60 and 80 mile routes. Pattison ride meets at Royal Jr. High School on Dirkin Road. Chappell Hill turn right off Hwy 290 onto FM1155. West Oaks meets on the west side of the West Oaks Mall parking lot, Hwy 6 and Westheimer. Montgomery ride meets at Montgomery High School on Hwy 105, just west of Hwy 149. These rides are not supported. Riders are expected to have the necessary tools and be

Race Team Saturday Routes. The race team will vary its Saturday routes with the destinations noted on the calendar: Whitehall (75 miles), Bellville (80), Monaville (65) and Kirkwood. Kirkwood ride meets at Kirkwood. Park on the southwestern corner of the intersection of I-10 and Kirkwood.

Route Maps. Route maps for the Saturday club ride and some other favorite routes can be found on the club web page at www.northwestcyclingclub.com under the "Saturday Ride" link.

The Saturday Club Rides start per the following schedule:

- **Jan thru Mar 8:00AM**
- **Apr thru Sep 7:30AM**
- **Oct thru Dec 8:00AM**

Interested in a Sunday ride? NWCC makes sure that there are some of those also. These rides are more informal than Saturday's big club ride, so check

PAY TO RIDE EVENTS

registration forms, go to the particular ride's website.

- 8-3 Biscuits & Gravy Ride - San Angelo
- 8-9 Melon Patch Tour - DeLeon
- 8-9 Hot Rocks Race - Rockwall
- 8-12 Cove House Classic-Copperas Cove
- 8-16 Vernon Burnin' Race & Ride - Vernon
- 8-16 Red Hot Chili Pepper - Dallas
- 8-23 Hotter 'n Hell Hundred - Wichita Falls

- 9-7 Tour de Pink - Prairie View
- 9-9 Cowton Classic - Crowley
- 9-16 Hill Country Challenge - Marble Falls
- 9-20 Cotton Patch Classic - Greenville
- 9-20/21 Ft Davis Cycle Fest - Fort Davis
- 9-27 Autumn in Bonham - Bonham
- 9-27 Waco Wild West Century - Waco
- 9-30 Cy-Fair Lions Biking for Sight - Montgomery

- 10-4 Pineywoods Purgatory - Lufkin
- 10-4 Tour d' Cotton - Childress
- 10-4/5 MS 150 Bike to the Beach - San Antonio to Corpus Christi
- 10-11 Tour de Fire Ant - Marshall
- 10-17/19 Get Your Guts in Gear - LaGrange to Austin
- 10-18 Tour de Cure - Fort Worth
- 10-18 Tour du Rouge Day One Ride - Humble to Beaumont
- 10-18/23 Tour du Rouge - Houston to New Orleans
- 10-25/26 Livestrong Challenge - Austin

Appreciate input on other bike rides in/around the Houston area. Contact the Editor: a9albac@yahoo.com

Join our Yahoo Group:

NORTHWEST CYCLING CLUB

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NWCC CLASSIFIED

WANTED

Rocky Hill Ranch t-shirt from 1999. The design features a mountain biker catching air as he "Rips the Lip" just down the hill from Fat Chuck's Demise. It also has the lettering "Rocky Hill Ranch" - not to be confused with the same design on the Rocky Hill Mountain Bike Rally shirt from April of that same year. If you have one of these shirts (any size) and would be willing to part from it, contact David King (832 236 4471 or freewhldv@comcast.net) to negotiate a deal.

Specialized ALLEZ Elite

Size? The retail store will trade for whatever size is needed. I won this bike in the Elves & More ride in October and it has never been ridden. Standard equipment: double chain ring, 9 speed, Shimano Tiagra brake levers, shift levers, and front derailleur, Shimano 105 rear derailleur, rims Jalco GX460, aluminum with Zetz insets. Retail for \$1100. Selling for \$900.

Contact: **Manuel**
281-655-7162
mailgas@sbcglobal.net

**CLASSIFIED ADVERTISEMENTS IN THIS SECTION ARE FREE.
WE REQUEST YOU CONTACT THE EDITOR WHEN ITEMS ARE SOLD
SO THAT OTHERS CAN PLACE THEIR ADS.**

For Sale: 650c Wheel Set

- Three Carima racing wheels for road and track (disk and 4-spoke). Only \$450.
- 46 cm Lite Speed road bike with carbon fork and C-Record Campy components, Look pedals and Ralph Vector Pro Wheels. \$2900.

Contact: 832-282-3744

2001 TREK 5500

60cm, all carbon frame, all Dura Ace components with triple ring, wireless computer with cadence, aero bars. Excellent condition. Asking: \$1,600

Contact: Rick Williams
281-300-7731

OHWWHU#BUWKZHVWFFOLDFOXEFRP3OHDVHRLIXVREHWKHDGKRXOGEHGLVFRWLDH\$GVDUHGHEWKH
Tuesday of the month. For best results, include size, age, condition, etc. of all items.

SPRING 2009 TMBRA MT BIKE SERIES

February 15 Terlingua

March 1 Waco

March 15 Bar H

March 29 Warda

April 5 Austin Ridge Riders Race

April 19 Comfort

May 3 Double Lake

May 17 X Bar

WELCOME

Our New Members

The following people joined the Northwest Cycling Club during the month of **July 2008**:

Rolando Tolentino & Family

Athar Razvi

Carlyn Jackson

Sarah Harris

Deedra Chatelain

Jeff Sechelski

Shellie McKinnerney

David Brandt

Mandy Jellerichs

David Roberts

Philip Trumbly

Stephan Weinberg

Michael Jones

Kathy Clark

Roger Howard

Be sure to check the newsletter calendar for upcoming events and rides. If you have any questions, do not hesitate to contact any of the club officers.

Squeaky Pedal Pusher

Ten or so Years Ago – April 1998 Why Ride With Northwest Cycling Club?

Have you asked yourself lately why do you ride with NWCC?

on the road team?

freezing during the 24-hour mountain bike race once a year.

ride.

you want to ride that morning.

middle of nowhere.

the Bluebonnet Express and the Katy Flatland Century.

WXEVDUH@OHGWRFDSDFLW'

but going nowhere?

you in from some long ride just as you were ready to give up.

Pedal Pusher newsletter, etc.

nights?

Well, I don't know which single one it is for me because I believe it is a little bit of each one. However, there is one reason that is a little fresher in my mind than any of the others. I recently crashed (remember I was the guy that stood up during the October 1997 meeting and it looked like a Mack truck ran over me?) and what happened afterwards is what makes me proud to be a member of NWCC. The amount of support and help that I got after getting hurt was unbelievable. NWCC members took care of me on the road until the ambulance came. (Yeah, that's right. I got knocked unconscious with my helmet on. Imagine the damage that would have been done if I wasn't wearing my helmet.); They took care of my bike (some of you will understand that means a lot.); They took care of getting my personal vehicle back to my house; and last but not least, they drove me home from the hospital.

I believe the courtesy and helpfulness of NWCC is contagious. I also believe it is a big part of why people like riding with NWCC and why our club has grown so much in the past three years. All I ask is to just think a minute about why YOU ride with NWCC.

Greg Germer – Vice President

PS. Cycling Tidbit: When coming to a stop, unclip on the same side that you lean your bike. I want to see those hands up at the next meeting of those that have always followed this advice.

Almost 16 years ago – September 1992 Katy Flatland Century – A Continuing Success

This years Katy Flatland turned out to be the biggest and best yet. 2,550 riders turned out to brave the heat and humidity to participate in the Katy Flatland Century. To no surprise, Northwest Cycling Club's own Bob Cresswell and Chuck Reed were in this group.

Almost 19 years ago – September 1989 Commuted Sentence

One of the easiest and least family-disrupting ways to get in good at it for two years now and I'm sold on the merits of riding to the job. Of my best tiptoe routine through the turns when I looked in my mirror and saw a lady approaching from behind at about 50 mph while she was gazing into her rear view mirror and applying her mascara. Just as I got ready to hit the shoulder, she spotted me, slammed on the brakes, and pirouetted neatly off the road. She wasn't harmed but my blood pressure and pulse rate were probably off the scale.

Then there are the honkers who think the road is theirs alone and how dare I ride a bike and impede their progress. I often wonder how it is that a cement truck can pass me with no problem while the run of the mill Toyota needs a totally clear road. Some of them even throw things but so far their aim has been bad and nothing worse than ice has come my way. There is not greater satisfaction in cycling than having Phred honk or do some other jerky thing and the get stopped at a light just up the road. I ride right up and exchange pleasantries with him. Give me a chance to brush up on my use of creative profanity.

Another joy of my route is the usual 15-mph headwind on the way home. Every evening becomes a climbing/power workout like it or not. But occasionally justice prevails. Like the day I rode the leading edge of a thunderstorm down Telge, spun out in 53x12, and watch Gray James and his class leaving Arnold Jr High going the other way. Or motor pacing behind a dump truck at 35-mph sitting up on the brake lever hoods.

Of course my co-workers are used to me now and regale patients with tales of the crazy doctor. I try to entertain them once in a while. One morning when I got caught in another shower I rode coolly through the foyer in front of the entire administrative staff. I let them know that I don't do that little trick for just anyone!

In spite of these tribulations, I keep at it and dread the loss of Daylight Savings Time. I guess I'll just have to get friendly with my wind trainer again. But I am going to ask Santa to bring me tailwinds and wide smooth shoulders for next year. A handle bar mounted aero laser cannon might be nice too. Bill Fach – Vice President

NWCC Membership Application

CHECK ONE: NEW MEMBER _____ RENEWAL _____

Last Name: _____ First Name: _____

Family Membership Names: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Ph: _____ Work Ph: _____ Cell Ph: _____

E-Mail Address: _____

Occupation: _____ Wiling to Volunteer?: Y N

Birth Date(s): _____

Medical Condition: _____

Emergency Contact: _____ Phone: _____

Primary Reason for Joining NWCC? _____

I allow my contact information (Phone numbers& E-Mail address) to be published in the password protected on-line Membership Directory: Yes No (Circle One)

AREAS OF INTEREST (Check all that apply)

Mountain Biking Fitness Education/Nutrition Not Yet, but Interested

Bike Commuter Cycling Education Off-Road, Cat. _____

Tri-Athlete Bike Maintenance Education Road, Cat. _____

Adventure Racing Out of Town Rides/Tours Track

Cycling Advocacy Houston Area Group Rides CycloCross

MEMBER DUES

Dues are \$20.00 / year for single membership and \$30.00 / year for family membership. Your membership will
tion date in time to renew. Your monthly newsletter, The Pedal Pusher, will be emailed to you and will be available
online on the club website. If you do not have an email address and need to have your newsletter sent regular
mail, please initial the following statement: Yes, please mail my newsletter to me: _____

Thank you for joining Northwest Cycling Club.

**** IF THIS RELEASE IS NOT SIGNED, YOUR APPLICATION WILL BE RETURNED TO YOU ****

In signing this release for myself or the above named applicant(s), I agree to absolve all of the sponsors, organizers, and associated entities, be the individuals or organizations, singly or collectively, of any injury or misadventure suffered as a result of taking part in any activities associated or related to the NORTHWEST CYCLING CLUB, or NORTHWEST CYCLERY, INC.

Signature: _____ Date : _____

Amount Paid: (Circle One)
\$20.00 Single \$30.00 Family Check # _____ Cash Received By: _____

Make checks payable to: **NWCC** Mail to: **NWCC membership, PO BOX 1494 Cypress TX 77410**

The Pedal Pusher

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